Do I need to use DUO every time I login?

Tell Me

1. No, if you are using the **Remember me for 30 days option**. Duo will "remember" your login and password for 30 days on the device and browser you're using. This means you do not have to complete the DUO authentication steps each time you attempt to login for those 30 days
   a. If you "trust" the computer you are using e.g. your office computer or personal mobile device you can set this option up
   b. If you are using a public or shared computer like labs, classrooms, DO NOT set this option
2. Check the **Remember me for 30 days** checkbox at the bottom of the DUO window and select your DUO authentication method: **Send Me a Push, Call Me, or Enter a Passcode**

If Duo has been configured to send a push automatically, you will not have the option of checking **Remember me for 30 days**. Follow these instructions if you would like to change your settings to use the "remember me" option

1. Select **Cancel** on the Duo push notification

2. Then, select **My Settings & Devices** on the left-hand menu
3. Confirm your identity

4. Change the **When I log in: drop down** to “Ask me to choose an authentication method”

5. Scroll down and click **Save**
6. Click **Back to Login**
7. Check the **Remember me for 30 days** checkbox
8. Select the Duo authentication method to complete the login process

**Related FAQs**

- How should I register and setup DUO if I get a new phone?
- How do I setup my iOS or Android device in DUO for the first time?
- How do I manage my devices in DUO?
- How do I get started with DUO?
- Are all University faculty and staff required to use Duo?